



# **The Ninth Sunday *after* Trinity**

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Sunday 28 July 2024, 11.00am

President and Preacher:  
**The Revd Jennifer Midgley-Adam**

*Our church services are recorded and streamed on our website. You may be filmed during the service, and pictures of you may be transmitted online and as mobile content. By entering the church you consent to such filming and to the transmission of any broadcast. If you do not wish to be filmed please speak to one of the welcome team who will direct you to an unfilmed area in the north aisle.*

## **WELCOME**

**to all who are joining us today, whether in church or online.**

For those with children you will find space in the south aisle where you will be able to see and participate in the whole service. You will find some activity sheets to enable you and any children you have brought with you to engage with our service. Please ask one of our friendly welcomers if you need anything before or during the service.

We will be taking a collection during the service, and we encourage those who are UK tax payers to use one of the gift aid envelopes which are available in the pews. This will increase the value of your gift by 25% at no extra cost to you.

You can also make a debit/credit card donation to All Hallows by using the donations machine at the back of the church, by using the QR code on your phone, or via our website at [www.ahbtt.org.uk/donate](http://www.ahbtt.org.uk/donate)

**Thank you.**



### **Security Notice**

We advise you not to leave personal belongings unattended and to keep them in sight at all times. Do not leave bags on the floor by your feet, and make sure you take any valuables with you when you go up to receive Communion. For additional safety and security, 24 hour CCTV recording is in operation on these premises.

## **Music before the Service**

*O Gott, du frommer Gott BWV 767 – JS Bach*

Organist: David Cook

## **The Gathering**

### **Hymn**

*Please stand.*

**Thou, whose almighty word  
chaos and darkness heard,  
and took their flight;  
hear us, we humbly pray,  
and where the gospel-day  
sheds not its glorious ray,  
let there be light.**

**Thou, who didst come to bring  
on thy redeeming wing  
healing and sight,  
health to the sick in mind,  
sight to the inly blind,  
O now to all mankind  
let there be light.**

**Spirit of truth and love,  
life-giving, holy Dove,  
speed forth thy flight;  
move on the water's face,  
bearing the lamp of grace,  
and in earth's darkest place  
let there be light.**

**Holy and blessed Three,  
glorious Trinity,  
Wisdom, Love, Might;  
boundless as ocean's tide  
rolling in fullest pride,  
through the earth far and wide  
let there be light.**

*John Marriott (1780-1825) Tune: Moscow*

## **Welcome and introduction**

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

*All* **Amen.**

The Lord be with you

*All* **and also with you.**

*Words of welcome and introduction are said.*

## **Prayers of Confession**

*Please sit or kneel.*

My sisters and brothers,  
as we prepare to celebrate the presence of Christ in word and sacrament,  
let us call to mind and confess our sins.

*All:* **Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you  
with our whole heart.  
We have not loved our neighbours  
as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly, love mercy,  
and walk humbly with you, our God.  
Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

*All* **Amen.**

# The Gloria

Please stand.

Glo - ry to God in the high - est, and peace to his peo - ple on  
earth. Lord God, hea - ven - ly King, al - migh - ty God and  
Fa - ther, we wor - ship you, we give you thanks, we  
praise you for your glo - ry. Lord Je - sus Christ, on - ly  
Son of the Fa - ther, Lord God, Lamb of God, you take a -  
- way the sin of the world, have mer - cy on us; you are  
sea - ted at the right hand of the Fa - ther, re - ceive our  
prayer. For you a - lone are the Ho - ly One, you a -  
- lone are the Lord, you a - lone are the Most High, Je - sus  
Christ, with the Ho - ly Spi - rit in the glo - ry of God the  
Fa - - ther. A - - - - - men.

## The Collect

Almighty God,  
who sent your Holy Spirit  
to be the life and light of your Church:  
open our hearts to the riches of your grace,  
that we may bring forth the fruit of the Spirit  
in love and joy and peace;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
**Amen.**

*Please sit.*

## The Liturgy of the Word

**First Reading:** 2 Kings 4.42-44 *read by Sarah Alder*

A man came from Baal-shalishah, bringing food from the first fruits to the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, 'Give it to the people and let them eat.' But his servant said, 'How can I set this before a hundred people?' So he repeated, 'Give it to the people and let them eat, for thus says the Lord, "They shall eat and have some left."' He set it before them, they ate, and had some left, according to the word of the Lord.

This is the word of the Lord.

*All* **Thanks be to God.**

**Psalm 145.10-19** *sung by Dorothy Lawrence*

You o - pen wide your hand, O - Lord, and grant our de - sires. EWc



The image shows a musical score for a vocal line and piano accompaniment. The key signature is one sharp (F#) and the time signature is 4/4. The vocal line is written on a single staff with a treble clef. The piano accompaniment is written on two staves (treble and bass clefs). The lyrics are: "You o - pen wide your hand, O - Lord, and grant our de - sires." The score includes various musical notations such as notes, rests, and dynamics. The initials "EWc" are written in the top right corner of the score.

All your works praise you, O Lord,  
and your faithful servants bless you.  
They tell of the glory of your kingdom  
and speak of your mighty power, **R/**

To make known to all peoples your mighty acts  
and the glorious splendour of your kingdom.  
Your kingdom is an everlasting kingdom;  
your dominion endures throughout all ages. **R/**

The Lord is sure in all his words  
and faithful in all his deeds.  
The Lord upholds all those who fall  
and lifts up all those who are bowed down. **R/**

The eyes of all wait upon you, O Lord,  
and you give them their food in due season.  
You open wide your hand  
and fill all things living with plenty.  
The Lord is righteous in all his ways  
and loving in all his works. **R/**

The Lord is near to those who call upon him,  
to all who call upon him faithfully. **R/**

**Second Reading** Ephesians 3.14-21 *read by John Price*

For this reason I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen.

This is the word of the Lord.

**All Thanks be to God.**

## **Gospel Reading** John 6.1-21

*Please stand and face the Gospel.*

Alleluia, alleluia, alleluia!

**All Alleluia, alleluia, alleluia!**

The Lord be with you

**All And also with you**

Hear the Gospel of our Lord Jesus Christ according to John.

**All Glory to you, O Lord.**

After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming towards him, Jesus said to Philip, 'Where are we to buy bread for these people to eat?' He said this to test him, for he himself knew what he was going to do. Philip answered him, 'Six months' wages would not buy enough bread for each of them to get a little.' One of his disciples, Andrew, Simon Peter's brother, said to him, 'There is a boy here who has five barley loaves and two fish. But what are they among so many people?' Jesus said, 'Make the people sit down.' Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, 'Gather up the fragments left over, so that nothing may be lost.' So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, 'This is indeed the prophet who is to come into the world.'

When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

When evening came, his disciples went down to the lake, got into a boat, and started across the lake to Capernaum. It was now dark, and Jesus had not yet come to them. The lake became rough because a strong wind was blowing.



When they had rowed about three or four miles, they saw Jesus walking on the lake and coming near the boat, and they were terrified. But he said to them, 'It is I; do not be afraid.' Then they wanted to take him into the boat, and immediately the boat reached the land towards which they were going.

This is the Gospel of the Lord.

*All* **Praise to you, O Christ.**

## **The Sermon**

The Revd Jennifer Midgley-Adam

## **The Nicene Creed**

*Please stand.*

*All* **We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

*Please sit or kneel.*

**Prayers of Intercession** *led by Kate Price*

Lord, in your mercy,  
*All* **hear our prayer.**

*At the end:*

Merciful Father,  
*All* **Accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

*Please stand.*

## **The Liturgy of the Sacrament**

### **The Peace**

Let the peace of Christ rule in your hearts,  
since as members of one body you are called to peace.

The peace of the Lord be always with you  
*All* **and also with you.**

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

## Offertory Hymn

During the hymn a collection will be taken towards the ministry of this church. If you are a UK Tax Payer, you can increase the value of your gift by 25% by completing one of the Gift Aid envelopes which are available in the pews. Thank you.

**I, the Lord of sea and sky,  
I have heard my people cry.  
All who dwell in dark and sin  
my hand will save.  
I, who made the stars of night,  
I will make their darkness bright.  
Who will bear my light to them?  
Whom shall I send?**

*Here I am, Lord. Is it I, Lord?  
I have heard you calling in the night.  
I will go, Lord, if you lead me.  
I will hold your people in my heart.*

**I, the Lord of snow and rain,  
I have borne my people's pain.  
I have wept for love of them.  
They turn away.  
I will break their hearts of stone,  
give them hearts for love alone.  
I will speak my word to them.  
Whom shall I send?**

**I, the Lord of wind and flame,  
I will tend the poor and lame.  
I will set a feast for them.  
My hand will save.  
Finest bread I will provide  
till their hearts be satisfied.  
I will give my life to them.  
Whom shall I send?**

*Daniel L Schutte (b. 1947) Tune: Here I am, Lord*

## The Preparation of the Table

Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.

**All things come from you,  
and of your own do we give you.**

## The Eucharistic Prayer

The Lord be with you

**All and also with you.**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the Blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and singing:

Ho - ly, ho - ly, ho - ly Lord, God of po - wer and might, —  
hea - ven and earth are full of your glo - ry, Ho - san - na  
in the high - - - est. Bles - sed is he who  
comes in the name — of the Lord, Ho -  
- san - na in the high - - - est.

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Great is the mystery of faith:

*All* **Christ has died.**  
**Christ is risen.**  
**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of the Blessed Virgin Mary and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**Amen.**

## The Lord's Prayer

Let us pray with confidence as our Saviour has taught us:

*All* **Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation; but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever.  
Amen.**

## The Breaking of the Bread

We break this bread  
to share in the body of Christ.

*All* **Though we are many, we are one body,  
because we all share in one bread.**

## Agnus Dei

Lamb of God, you take a - way the sins\_\_\_ of the world,  
have mer - cy on us. Lamb of God, you take a -  
way the sins\_\_\_ of the world, grant us\_\_\_ peace.

## Invitation to Communion

Draw near with faith.  
Receive the body of our Lord Jesus Christ  
which he gave for you,  
and his blood which he shed for you.  
Eat and drink  
in remembrance that he died for you,  
and feed on him in your hearts  
by faith with thanksgiving.

*Communicant members of all Christian churches are invited to receive Holy Communion at All Hallows. All others may come forward for a prayer of blessing - please indicate this by bowing your head.*

## Music During Communion

*Behold the Glory* – Music & words by Michael Forster

## Post-Communion Prayer

Holy Father,  
who gathered us here around the table of your Son  
to share this meal with the whole household of God:  
in that new world where you reveal the fullness of your peace,  
gather people of every race and language  
to share in the eternal banquet of Jesus Christ our Lord.  
**Amen.**

*All* **Almighty God,**  
**we thank you for feeding us at the supper of your Son:**  
**sustain us with your Spirit,**  
**that we may serve you here on earth**  
**until our joy is complete in heaven,**  
**and we share in the eternal banquet**  
**with Jesus Christ our Lord.**  
**Amen.**

## Notices

# The Dismissal

## Final Hymn

*Please stand.*

**Now thank we all our God  
with heart and hands and voices,  
who wondrous things hath done,  
in whom his world rejoices;  
who from our mothers' arms  
hath blessed us on our way  
with countless gifts of love,  
and still is ours today.**

**O may this bounteous God  
through all our life be near us,  
with ever joyful hearts  
and blessed peace to cheer us;  
and keep us in his grace,  
and guide us when perplexed,  
and free us from all ills  
in this world in the next.**

**All praise and thanks to God  
the Father now be given,  
the Son and him who reigns  
with them in highest heaven,  
the one eternal God,  
whom heaven and earth adore;  
for thus it was, is now,  
and shall be evermore.**

*Nun danket alle Gott Martin Rinkart (1586-1649) translated by Catherine Winkworth (1827-1878) Tune: Nun Danket*



## **The Blessing**

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

*All* **Amen.**

Go in the peace of Christ.

*All* **Thanks be to God.**

### **Music after the Service**

*Nun dankett alle Gott BWV 657 – JS Bach*

***You are invited to stay for refreshments after the service.***

## Notices

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### Community Picnic

\*\*\* **TODAY** \*\*\* *after the Parish Eucharist*

Join us after the Eucharist in Trinity Gardens with your lunch and a picnic blanket (there are some benches in the gardens too) as we share some time together. If the weather is bad, we will eat in church(!) **All very welcome to join!**

### Summer Book Group

Over August and September, we will be reading together Paula Gooder's book *Phoebe*.

There will be one session to start us off: either Sunday 4<sup>th</sup> August after the Eucharist or Wednesday 7<sup>th</sup> after Taizé.

And one session to conclude our reading: either Wednesday 2<sup>nd</sup> October after Taizé or Sunday 6<sup>th</sup> October after the Eucharist.

All sessions will be in church and on Zoom. Please sign up at the back of church so we know how many are coming to each session. *If you're joining on Zoom, the Meeting ID is: 250 357 9239. The Passcode will be: M7K4Bw*

### A Celebration of Taizé – Wednesday 4<sup>th</sup> September

To round off the Summer, we will be holding a special Taizé service. Over a slightly longer service, that will include silence readings and prayer, we will sing our favourite chants and then gather together after the service for drinks and nibbles. Please bring your instruments and your voices!

To help us plan for this, please send your top three Taizé chants and let us know if you are planning to come to Jen: [curate@ahbtt.org.uk](mailto:curate@ahbtt.org.uk)

### Looking Closer, Looking Deeper

Podcast Episode 6 is now out! "A Foreigner Abroad - Girolamo Benaglio"

To listen, go to **www.spotify.com** and search for 'All Hallows by the Tower' , or use link: <https://rb.gy/yqozty>

### Collecting for Bow Foodbank and the Square Mile Hygiene Bank

You can donate to the Bow Foodbank and the Square Mile Hygiene Bank by using the collection boxes in church. The Bow Foodbank accepts non-perishable, in date, unopened and labelled food, and the Hygiene Bank accepts new, unused, in-date personal care and household cleaning essentials; your donations can make a real difference to those in need in our local area.

## Two Cities EcoTips

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**Just Say No to Plastic Cutlery and Straws** - Disposable cutlery and straws are among the worst plastic pollution culprits. Like plastic bags and bottles, they're used just once, for a few minutes, and then thrown away. Keep metal or wooden utensils set in your purse or travel pack.

## **The Week Ahead**

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### **Church Opening Times**

Monday-Friday: 8am-5pm      Saturday-Sunday: 10am-5pm

### **Services at All Hallows**

You are welcome to join us for any of our services in church.  
Our Sunday Eucharist and Taizé services are streamed on Zoom.

#### **Monday 29 July**

*No services today*

#### **Tuesday 30 July**

8.30am Morning Prayer

#### **Wednesday 31 July**

8.30am Morning Prayer

6pm Taizé Prayer

#### **Thursday 1 August**

8.30am Said Eucharist

#### **Friday 2 August**

8.30am Morning Prayer

#### **Saturday 3 August**

*No services today*

### **Sunday 4 August: The Tenth Sunday after Trinity**

11am Parish Eucharist; Preacher: The Revd Jennifer Midgley-Adam

### **Taizé Prayer – Wednesdays at 6pm**

Our weekly Taizé service takes place **in church and online**. You are welcome to join us for this meditative time of prayer, music and reflection.

If you can't attend in person and would like to join us online, you can view the livestream at **[ahbtt.org.uk/livestream](http://ahbtt.org.uk/livestream)**.

*Zoom links are included in our weekly email, but if you would like a link for a particular service or event please email [parish@ahbtt.org.uk](mailto:parish@ahbtt.org.uk).*

### **Weekly Email**

Sign up to our email to receive our weekly news – go to [ahbtt.org.uk](http://ahbtt.org.uk), enter your email address in the 'Join our Mailing List' box and click 'Subscribe'.

### **Byward Kitchen & Bar**

The Byward Kitchen is open for drinks, meals and light refreshments from 9am-3.30pm, with indoor and outdoor seating available.

**[bywardkitchenandbar.com](http://bywardkitchenandbar.com)**

*The Team at All Hallows*

Curate.....The Revd Jennifer Midgley-Adam  
Parish Administrator ..... Michael Griffiths  
Education & History Officer ..... Adey Grummet  
Director of Music..... David Cook  
Churchwardens ..... Ken Marshall & Di Robertshaw



**All Hallows by the Tower  
with St Dunstan in the East**

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