



Order of Service

The First Sunday of Lent

Sunday 22 February 2026, 11am

Celebrant: **The Revd Nicol Kinrade**

Preacher: **The Revd Dr John Barker**

WELCOME

to all who are joining us today, whether in church or online.

All Hallows is a member of Inclusive Church and we are delighted you have joined our worship today. Please ask one of our welcomers if you need any assistance during the service. If you are able, we'd love you to join us for refreshments when the service has finished.

For those with children you will find space in the south aisle where you will be able to see and participate in the whole service. You will find some activity sheets to enable you and any children you have brought with you to engage with our service. Please ask one of our friendly welcomers if you need anything before or during the service.

We will be taking a collection during the service, and we encourage those who are UK tax payers to use one of the gift aid envelopes which are available in the pews. This will increase the value of your gift by 25% at no extra cost to you.

You can also make a debit/credit card donation to All Hallows by using the donations machine at the back of the church, by using the QR code on your phone, or via our website at www.ahbtt.org.uk/donate

Thank you.



Security Notice

We advise you not to leave personal belongings unattended and to keep them in sight at all times. Do not leave bags on the floor by your feet, and make sure you take any valuables with you when you go up to receive Communion. For additional safety and security, 24 hour CCTV recording is in operation on these premises.

Our church services are recorded and streamed on our website. You may be filmed during the service, and pictures of you may be transmitted online and as mobile content. By entering the church you consent to such filming and to the transmission of any broadcast. If you do not wish to be filmed please speak to one of the welcome team who will direct you to an unfilmed area in the north aisle.

Music Before the Service

Prelude (on a theme by Orlando Gibbons) – *Eric Thiman*

Organist: David Cook

The Gathering

Hymn

Please stand.

**Forty days and forty nights
Thou wast fasting in the wild;
Forty days and forty nights
Tempted, and yet undefiled:**

**Sunbeams scorching all the day;
Chilly dewdrops nightly shed;
Prowling beasts about thy way;
Stones thy pillow, earth thy bed.**

**Let us thine endurance share,
And awhile from joys abstain,
With thee watching unto prayer,
Strong with thee to suffer pain?**

**And if Satan, vexing sore,
Flesh or spirit should assail,
Thou, his vanquisher before,
Grant we may not faint nor fail.**

**So shall we have peace divine;
Holier gladness ours shall be;
Round us too shall angels shine,
Such as ministered to thee.**

**Keep, O keep us, Saviour dear,
Ever constant by thy side;
That with thee we may appear
At the eternal Eastertide.**

G H Smyttan 1822-70 and Francis Pott 1832-1909 Tune: Aus der Tiefe

Welcome and Introduction

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All **Amen.**

The Lord be with you

All **and also with you.**

Words of welcome and introduction are said.

Prayer of Preparation

All **Almighty God,**
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen

Prayers of Confession

We confess to you our selfishness and lack of love:
fill us with your Spirit



Lord, _____ have ___ mer - cy. Lord, _____ have ___ mer - cy.

We confess to yo our fear and failure in sharing our faith:
fill us with your Spirit



Christ, ___ have ___ mer - cy. Christ, ___ have ___ mer - cy.

We confess to you our stubbornness and lack of trust:
fill us with your Spirit



Lord, _____ have ___ mer - cy. Lord, _____ have ___ mer - cy.

The almighty and merciful Lord
grant you pardon and forgiveness of all your sins,
time for amendment of life,
and the grace and strength of the Holy Spirit.
Amen.

The Collect

Let us pray

Almighty God,

whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:

give us grace to discipline ourselves in obedience to your Spirit;

and, as you know our weakness,

so may we know your power to save;

through Jesus Christ your Son our Lord,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

Amen.

Please sit.

The Liturgy of the Word

First Reading: Genesis 2.15-17; 3.1-7

Read by David Risley

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die."' But the serpent said to the woman, 'You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

This is the word of the Lord.

All Thanks be to God.

Second Reading: Romans 5.12-19

Read by Jane Cruse

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned – sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

This is the word of the Lord.

All Thanks be to God.

All stand and face the Gospel for the **Gospel Acclamation**

Gospel Reading: Matthew 4.1-11

Praise to you, O Christ, King of eternal glory.

Your word is a lamp to my feet and a light to my path.

Psalm 119.105

Praise to you, O Christ, King of eternal glory.

The Lord be with you

All And also with you

Hear the Gospel of our Lord Jesus Christ according to Matthew.

All Glory to you, O Lord.

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished.

The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "One does not live by bread alone,

but by every word that comes from the mouth of God."'

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written,

"He will command his angels concerning you",
and "On their hands they will bear you up,
so that you will not dash your foot against a stone."'

Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."'

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written,

"Worship the Lord your God,
and serve only him."'

Then the devil left him, and suddenly angels came and waited on him.

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

The Sermon

The Revd Dr John Barker

The Nicene Creed

Please stand.

All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven and
is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Please sit or kneel.

Prayers of Intercession

Led by Sarah Alder

Lord, in your mercy,
All **Hear our prayer.**

At the end:

Merciful Father,
All **Accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

Please stand.

The Liturgy of the Sacrament

The Peace

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

The peace of the Lord be always with you
All **And also with you.**

Let us offer one another a sign of peace.

All may exchange a sign of peace.

Offertory Hymn

During the hymn a collection will be taken towards the ministry of this church. If you are a UK Tax Payer, you can increase the value of your gift by 25% by completing one of the Gift Aid envelopes which are available in the pews. Thank you.

**O thou, who at thy Eucharist didst pray
That all thy Church might be for ever one,
Grant us at every Eucharist to say
With longing heart and soul, "thy will be done."
O may we all one Bread, one Body be,
One through this Sacrament of unity.**

**For all thy Church, O Lord, we intercede;
Make thou our sad divisions soon to cease;
Draw us the nearer each to each, we plead,
By drawing all to thee, O Prince of Peace;
Thus may we all one Bread, one Body be,
One through this Sacrament of unity.**

**We pray thee too for wanderers from thy fold;
O bring them back, good Shepherd of the sheep,
Back to the faith which saints believed of old,
Back to the Church which still that faith doth keep;
Soon may we all one Bread, one Body be,
One through this Sacrament of unity.**

**So, Lord, at length when sacraments shall cease,
May we be one with all thy Church above,
One with thy saints in one unbroken peace,
One with thy saints in one unbounded love;
More blessèd still, in peace and love to be
One with the Trinity in Unity.**

William Turton (1856-1938) Tune: Song I

The Preparation of the Table

God of our journey,
as we walk with you on your path of obedience,
sustain us on our way and lead us to your glory;
through Jesus Christ our Lord.

Amen.

The Eucharistic Prayer

The Lord be with you

All **and also with you.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

It is indeed right,
it is our duty and our joy,
at all times and in all places
to give you thanks and praise,
holy Father, heavenly King,
almighty and eternal God,
through Jesus Christ our Lord.

For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:



Ho - ly, ho - ly, ho - ly Lord, God of power and might,
hea - ven and earth are full of your glo - ry.
Ho - san - na in the high - - est.



Bles - sed is he who comes in the name of the Lord.
Ho - san - na in the high - est.

All glory be to you, our heavenly Father,
 who, in your tender mercy,
 gave your only Son our Saviour Jesus Christ
 to suffer death upon the cross for our redemption;
 who made there by his one oblation of himself once offered
 a full, perfect and sufficient sacrifice, oblation and satisfaction for the sins of
 the whole world;
 he instituted, and in his holy gospel commanded us to continue,
 a perpetual memory of his precious death until he comes again.

Hear us, merciful Father, we humbly pray,
 and grant that, by the power of your Holy Spirit,
 we receiving these gifts of your creation, this bread and this wine,
 according to your Son our Saviour Jesus Christ's holy institution,
 in remembrance of his death and passion,
 may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed,
 took bread and gave you thanks;
 he broke it and gave it to his disciples, saying:
 Take, eat; this is my body which is given for you;
 do this in remembrance of me.

In the same way, after supper
 he took the cup and gave you thanks;
 he gave it to them, saying:
 Drink this, all of you;
 this is my blood of the new covenant,
 which is shed for you and for many for the forgiveness of sins.
 Do this, as often as you drink it,
 in remembrance of me.

Christ is the bread of life:

All **When we eat this bread and drink this cup,
 we proclaim your death, Lord Jesus,
 until you come in glory.**

Therefore, Lord and heavenly Father,
in remembrance of the precious death and passion,
the mighty resurrection and glorious ascension
of your dear Son Jesus Christ,
we offer you through him this our sacrifice of praise and thanksgiving.

Grant that by his merits and death,
and through faith in his blood,
we and all your Church may receive forgiveness of our sins
and all other benefits of his passion.

Although we are unworthy, through our manifold sins,
to offer you any sacrifice,
yet we pray that you will accept this
the duty and service that we owe.

Do not weigh our merits, but pardon our offences,
and fill us all who share in this holy communion
with your grace and heavenly blessing;

through Jesus Christ our Lord,
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All **Amen.**

The Lord's Prayer

Trusting in the compassion of God,
let us pray with confidence as our Saviour has taught us:

All **Our Father, who art in heaven,**

hallowed be thy name;

thy kingdom come;

thy will be done;

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation;

but deliver us from evil.

**For thine is the kingdom, the power and the glory,
for ever and ever.**

Amen.

The Breaking of the Bread

We break this bread
to share in the body of Christ.

**All Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei



Lamb of God, you take a - way the sins of the world: have mer - cy on us.



Lamb of God, you take a - way the sins of the world: have mer - cy on us.



Lamb of God, you take a - way the sins of the world: grant us peace.

Invitation to Communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

**All Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Communicant members of all Christian churches are invited to receive Holy Communion at All Hallows. All others may come forward for a prayer of blessing - please indicate this by bowing your head.

Music During Communion

Now is the healing time decreed – J S Bach

Post-Communion Prayer

Lord God,
you have renewed us with the living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him who is the true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.

Amen.

All **Almighty God,**
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work
to your praise and glory.
Amen.

Notices

The Dismissal

Please stand.

Hymn

Jesus, lover of my soul,
Let me to thy bosom fly,
While the nearer waters roll,
While the tempest still is high;
Hide me, O my Saviour, hide,
Till the storm of life is past;
Safe into the haven guide,
O receive my soul at last!

Other refuge have I none,
Hangs my helpless soul on thee;
Leave, ah! leave me not alone,
Still support and comfort me.
All my trust on thee is stayed,
All my help from thee I bring;
Cover my defenceless head
With the shadow of thy wing.

Thou, O Christ, art all I want,
More than all in thee I find:
Raise the fallen, cheer the faint,
Heal the sick, and lead the blind.
Just and holy is their name,
I am all unrighteousness;
False and full of sin I am,
Thou art full of truth and grace.

**Plenteous grace with thee is found,
Grace to cover all my sin;
Let the healing streams abound;
Make and keep me pure within.
Thou of life the fountain art;
Freely let me take of thee;
Spring thou up within my heart,
Rise to all eternity.**

Charles Wesley (1707-88) Tune: Aberystwyth

The Blessing

The Lord be with you

All **And also with you.**

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

Go in the peace of Christ.

All **Thanks be to God.**

Music after the Service

Postlude on 'Aus der Tiefe rufe ich' – *Gordon Phillips*

You are invited to stay for refreshments after the service.

Notices

Pilgrimage of Hope – Thank You



It was lovely to welcome Anthony Knight to All Hallows last Sunday and we very much enjoyed his short violin recital.

Thank you to everyone who contributed to his collection in aid of UNICEF. More than £330 was raised to support their work.

Two Cities Eco-tip

Consider cloth or paper diapers; most nappies are made with plastic and are loading up landfills by the ton.

Church Closure

All Hallows will close today after we have finished our refreshments. We will open again tomorrow at 8am.

Faith in the Public Square

All Hallows by the Tower and Byward Restaurant

Tuesday 3rd March 12-2 pm

We are looking forward to the next Faith in the Public Square event with our friends from the Worshipful Company of World Traders. This month, the Master will be in discussion with Lord Michael Hastings. We will focus on his times as governance director at the BBC, the global lead for external engagement and sustainability, and his work through and in the House of Lords as one of its senior black members.

For those who wish, the talk is followed by lunch in Byward. There is no need to book for the talk, but please contact the Clerk, Liz Garner, if you'd like to attend the lunch (clerk@world-traders.org).

Lent 2026

Lent Course and Reflection Group

This year we will be joining the Diocesan Lent Course - **Treasures of Darkness: Discipleship in Times of Mystery and Unknowing**. In 5 sessions we are invited to explore the journey of discipleship amid uncertainty, mystery, and unknowing. Drawing on lived experience and the wisdom of disability and suffering theologies, we will reflect on what it means to follow Christ – not in spite of life's struggles, but as we encounter God's grace and guidance within them. They will take place online on the Tuesdays during Lent, 7.30-8.30pm (February 24th, March 3rd, 10th, 17th, 24th). If you are unable to make the Tuesday sessions, they will be recorded and available for catch up during the week. You can learn more about the course and to register for the Diocesan sessions please visit the website: <https://bit.ly/4tOKgCc>

Lent – a time for giving

Many people use Lent as a time to review their giving to charities and the church. At All Hallows we have joined the Parish Giving Scheme, an easy way for you to set up planned giving on a monthly, quarterly or annual Direct Debit. This helps us to plan our budget accordingly, as the gifts and 25% Gift Aid are processed regularly - turning every pound you give into Christian service in this community. You can even choose the option to increase your gift annually in line with inflation (you would be contacted in advance to confirm you are happy with the increase). You give securely, and you can choose to give anonymously, if you prefer. Find out more at <https://bit.ly/3Oq7A9I>

The Bible - a guided read

Reading the Bible is a very important part of Christian discipleship, but not everyone knows where to start. This Lent we will be providing a guide to help you read through one of the Gospels, with some background information. You can use any translation of the Bible, a book or online.

Set a little time aside each day to read through the passage, and let the passage sit with you throughout the day.

The Gospel of St Mark.

Author: There is no author named in the Gospel, but from the 2nd century AD tradition ascribes it to John Mark.

Background: It was written somewhere between 58 and 65AD, possibly reflecting Emperor Nero's persecution of the early Church.

Purpose: To tell the story of Jesus to a predominately Roman audience (watch out for how Mark carefully explains Jewish customs and translates words). Mark's is the shortest Gospel, and it is packed with action. Note how many often Mark writes "immediately", and it focuses on Jesus' earthly ministry. There are no stories about Christ's birth or upbringing.

What does Mark want us to learn? Jesus Christ is the Son of God.

The week's plan:

Monday: Chapter 1 - It begins with the ministry of John the Baptist who foretells the coming of Jesus. We also meet Jesus as he calls the first disciples, and his ministry of healing and preaching begins.

Tuesday: Chapter 2 - Jesus answers some questions about the Law.

Wednesday: Chapter 3 - Jesus appoints his inner circle, and has to face accusations of possession.

Thursday: Chapter 4 - Parables make their appearance in Jesus' teaching, and he stills the storm, showing power over creation.

Friday: Chapter 5 - Three stories of healing, from demons, bleeding and death.

Saturday: Chapter 6 - An important chapter which covers the death of John the Baptist. We are shown the price of rejection by those in power. We also read about the Feeding of the Five Thousand, which echoes God providing the Israelites with manna during Exodus, and foretells the Last Supper, Holy Communion and the heavenly banquet which awaits us.

The Week Ahead

Church Opening Times

Monday-Friday: 8am-5pm Saturday-Sunday: 10am-5pm

Services at All Hallows

You are welcome to join us for any of our services in church.
Our Sunday Eucharist and Taizé services are streamed on Zoom.

Monday 23 February

8.30am Morning Prayer

4.30pm Evening Prayer

Tuesday 24 February

8.30am Morning Prayer

4.30pm Evening Prayer

Wednesday 25 February

8.30am Morning Prayer

6pm Taizé Prayer

Thursday 26 February

8.30am Said Eucharist

No Evening Prayer today

Friday 27 February

8.30am Morning Prayer

4.30pm Evening Prayer

Saturday 28 February

10am Morning Prayer

4.30pm Evening Prayer

Sunday 29 February: The Second Sunday of Lent

11am Parish Eucharist; Preacher: The Revd Nicol Kinrade

Taizé – Wednesdays at 6pm

Our weekly Taizé service takes place **in church and online**. You are welcome to join us for this meditative time of prayer, music and reflection.

If you can't attend in person and would like to join us online, you can view the livestream at **ahbtt.org.uk/livestream**.

*Zoom links are included in our weekly email, but if you would like a link for a particular service or event please email **parish@ahbtt.org.uk**.*

Weekly Email

Sign up to our email to receive our weekly news – go to ahbtt.org.uk, enter your email address in the 'Join our Mailing List' box and click 'Subscribe'.

Byward Kitchen & Bar

The Byward Kitchen is open for drinks, meals and light refreshments from 9am-3.30pm, with indoor and outdoor seating available.

bywardkitchenandbar.com

The Team at All Hallows

Vicar The Revd Nicol Kinrade
Associate Priest The Revd Dr John Barker
Parish Administrator Michael Griffiths
Education & History Officer Adey Grummet
Director of Music David Cook
Churchwardens Di Robertshaw & Robert Stichbury
Safeguarding Officer (safeguarding@ahbtt.org.uk) Sarah Alder

All Hallows by the Tower with St Dunstan in the East

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